

# Emergency Medicines: Do I need a TUE?



Athletes may in the course of emergency treatment (e.g. surgery or an A&E admission) be provided with drugs or methods which are prohibited in sport. Below is our advice on when a TUE is necessary.

## Treatments Prohibited In-Competition Only

A retroactive TUE will only be required if you are next due to compete within the following timeframes:



- **EpiPen**  
Adrenaline; 3 days after last use
- **Intravenous or Oral Narcotics**  
e.g. Fentanyl, Morphine; 7 days after the last dose
- **Intravenous or Oral Glucocorticoids**  
e.g. Dexamethasone, Hydrocortisone; 14 days after the last dose

## Intravenous Infusions in Hospital



- IV infusions or injections > 100 ml/12hrs are a prohibited method, except when received as part of a hospital treatment
- Always check the status of the ingredients of any IV infusion or injection, regardless of the volume
- IV infusions or injections > 100 ml/12hrs provided in medical facilities at sports venues are prohibited and will require a retroactive TUE

## Treatments Prohibited At All Times

A retroactive TUE should be submitted as soon as practical after the procedure, regardless of the next competition date, for the following:



- **Blood Transfusions**
- **Intravenous Diuretics & Masking Agents**
- **Nebulised Salbutamol**

## Top Tips



- Ensure that you obtain a copy of your drugs chart and all treatment records prior to being discharged (there will often be delays if you request these afterwards)
- Check all drugs provided to you by using Global DRO
- If a TUE is required, submit a TUE application form and copies of all medical records from the procedure as soon as practical
- If you are subject to a doping control test whilst still applying for a TUE, ensure that you record the drugs on the doping control form and notify UKAD via [tue@ukad.org.uk](mailto:tue@ukad.org.uk)



### Remember:

Emergency treatment should never be withheld due to anti-doping considerations. The health of the athlete should be the first and foremost priority.

\*According to the 2019 WADA Prohibited List\*

Check your medications

