

# EMERGENCY MEDICINES - DO I NEED A TUE IN 2021?

Athletes may, in the course of an emergency (e.g. surgery or admission to A&E), be treated with medications or methods which are prohibited in sport. See below for our guidance on when a TUE is necessary.

## Treatments Prohibited In-Competition Only

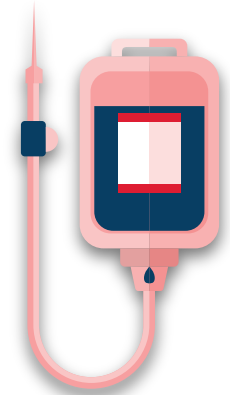
A retroactive TUE will only be required if you are next due to compete within the following timeframes:

- **Adrenaline Auto-Injector (e.g. Emerade, EpiPen, Jext)**  
Adrenaline (epinephrine) – within 3 days of last use
- **Narcotics**  
e.g. fentanyl, morphine - within 7 days of last use
- **Intravenous or Oral Glucocorticoids**  
e.g. dexamethasone, hydrocortisone, prednisolone - within 14 days of last use



## Intravenous (IV) Infusions in Hospital

- IV infusions or injections of >100 ml per 12-hour period are prohibited, except when received as part of a hospital treatment
- IV infusions or injections received in a medical practitioner's office, IV clinic, or medical facility at a sports venue are prohibited, and require a TUE to cover use
- Always check the anti-doping status of the ingredients received within an IV infusion or injection, regardless of the volume



## Treatments Prohibited At All Times

A retroactive TUE application should be submitted as soon as practical after receiving treatment (regardless your next competition date) for the following:

- **Blood Transfusions**
- **Diuretics & Masking Agents**
- **Nebulised Salbutamol or Terbutaline**



## Top Tips

- Ensure that you obtain a copy of your drugs chart and all treatment records prior to being discharged (there will often be delays if you request these afterwards)
- Check the status of all medications given to you on Global DRO
- If a TUE is required, submit a TUE application form and copies of all medical records related to the treatment as soon as is practical
- If you are subject to Doping Control whilst in the process of applying for a TUE, record your treatment on the Doping Control Form and notify **UKAD**

### Remember:

Emergency treatment should never be withheld due to anti-doping considerations. The health of the athlete should be the first and foremost priority.

Check your medications

