

Official

Ref: FOI-239

Sent via email only: [REDACTED]

12 September 2019

Dear [REDACTED]

1. Thank you for your email of 8 August 2019 in which you requested information from UK Anti-Doping ('UKAD') under the Freedom of Information Act 2000 ('the Act'). Your request was for the 2010 UKAD 'Guidance on Therapeutic Use Exemption Applications: Hay fever (intramuscular steroid injections)' ('the Guidance').

Response

2. UKAD confirms that it holds the information requested. A copy of the Guidance is attached at **Annex A**.
3. Please be advised that the Guidance was superseded on 15 April 2011. A copy of the current UKAD guidance on hay fever-related Therapeutic Use Exemption applications is available on our website [here](#).

Conclusion

4. If you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Philip Bunt, Chief Operating Officer, UK Anti-Doping, Fleetbank House, 2-6 Salisbury Square, London EC4Y 8AE. Please remember to quote the reference number above in any further communications.
5. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely

UK Anti-Doping

UK Anti-Doping

GUIDANCE ON THERAPEUTIC USE EXEMPTION APPLICATIONS

Hay fever (intramuscular steroid injections)

UK Anti-Doping receives a number of Therapeutic Use Exemption applications for the use of intramuscular steroid injections to treat hay fever.

Many of these applications are not supported by sufficient medical information to allow approval.

All applications must be submitted in advance of the treatment and provide information detailing:

- When the hay fever started, the symptoms experienced, the severity of these symptoms and the effect on performance.
- What symptoms have been suffered in previous years?
- Evidence of the permitted oral, nasal and/or ophthalmic medications that have been trialled for at least 2 weeks including names, doses, dates, duration and the effect of the treatment.
- Details of any known allergens or allergic history.
- Whether a specialist has been consulted and, if yes, the relevant correspondence (NB. A specialist review is required if more than one injection per year is requested).

For further information please contact Nick Wojek, Medical Officer at tue@ukad.org.uk.